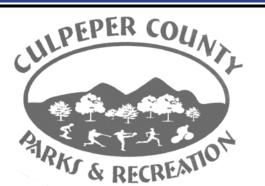
FALL 2006 PAGE 15 **CULPEPER MINUTES**



Fall 2006 Activity Schedule

September 11 - December 24, 2006

Registrations are now being accepted.

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www.culpepercounty.gov (Click on Parks and Recreation)

What's Going On?

ARTS & CRAFTS

HOLIDAY WREATH WORKSHOP

Everyone wants the best wreath on the block, right? Well here's your chance to have it! Let Jim Stubblefield, professional florist and former floral designer for Nancy Reagan, show you the do's and don'ts of a make-yourneighbors-envious wreath. All supplies are included. Wreaths will be made from fresh greenery. Feel free to bring any special ornaments or ribbons you want on your wreath.

Instructor: Jim Stubblefield

Location: Community room, 303 N. Main

Ages	Day	Dates	Time	Fee
13-adult	Sa	12/16	6:00p-8:00p	\$29



RAG QUILTS



Need a way to get rid of those old jeans or flannel shirts or sheets you just can't throw away? Why not make a quilt? Join long time

quilter Joyce Calhoun as she shows you how to turn those old ragged jeans or flannel into your new favorite quilt. Must have your own sewing machine.

Instructor: Joyce Calhoun Location: Floyd T. Binns M.S.

Ages	Day	Dates	Time	Fee
16-adult	Tu	9/19-11/14	6:00p-8:00p	\$40

Note: No class Oct. 10th

gingerbread

GINGERBREAD ORNAMENTS

j o i n long-time crafter, Debbie Boyd, and decorate homemade

orna-



ments. These are great to decorate the house or a holiday tree, to hold on to as keep-sakes, or simply to eat! Everything will be provided, all you have to do is show up and enjoy. Each participant will be decorating several ornaments. Adult participation is required for the 3-6 yr olds.

Instructor: Debbie Boyd

Location: Community Room, 303 N. Main

Option	Ages	Day	Dates	Time	Fee
A	3-6	Sa	12/16	9:00a-10:15a	\$11
В	7-adult	Sa	12/16	11:00a-1:00p	\$13

BALLOON SCULPTING

Have you ever wondered how to make balloon animals? Learn how to create an entire zoo with this

new balloon sculpting class. This is a perfect family activity! Participants will learn how to make balloon sculptures such as dogs, mice, teddy bears, dinosaurs, giraffes, swords, hats and much, much more! All materials will be provided for the class. Just bring yourself. Hurry and sign up soon - there are limited spaces available! Anyone under 10 must be accompanied by someone 16 or older who is registered.

Instructor: Wes Iseli, Magician Location: Floyd T. Binns M.S.

Ages	Day	Dates	Time	Fee
5-105	Th	10/5	6:30p-7:30p	\$14

Pre-registration is required for all activities, unless otherwise noted. See page 24 & 25 on how to register.

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Culpeper County Parks and Recreation

Fall Schedule

DANCE

CREATIVE MOVEMENT

Preschool students will learn the beginning movements for ballet, including positions. Students take turns moving to different music, beats, and words while learning to create animals, flowers, and butterflies.

Instructor: In Motion Dance Center staff *Location:* 128 W. Culpeper St., Suite 200

Option	Ages	Day	Dates	Time	Fee
A	3-5	Tu	9/12-11/14	2:15p-2:45p	\$60
В	3-5	W	9/13-11/15	2:15p-2:45p	\$60

HOP N BOP JAZZ

Students learn the basic positioning for dancing to fast beat, fun kid songs. Students learn to follow directions and move to the beat of music. They will learn and dance to familiar songs such as the Chicken Dance and the Bunny Hop.

Instructor: In Motion Dance CenterLocation: 128 W. Culpeper St., Suite 200

Option	Ages	Day	Dates	Time	Fee
A	3-5	Tu	9/12-11/14	2:45p-3:15p	\$60
В	3-5	W	9/13-11/15	2:45p-3:15p	\$60



PRE-SCHOOL TAP

After a fun warm-up, your little one will learn basic tap moves from shuffles to ball changes to noise games with their feet, all set to fun music for kids.

Instructor: In Motion Dance Center Location: 128 W. Culpeper St., Suite 200

Ages	Day	Dates	Time	Fee	
3-5	Tu	9/12-11/14	3:15p-3:45p	\$60	

BALLROOM DANCING I

Have you always wanted to learn how to dance? This class will teach you a number of the elegant dance steps seen in many of the world's finest ballrooms. Try the Waltz, Chacha, Rumba, and Fox Trot, along with others. *Instructor:* John Gentile

Location: Community Room, 303 N. Main

Ages	Day	Dates	Time	Fee
16-adult	W	9/13-11/1	7:00p-8:00p	See note

Note: *Fee \$40 Individual - \$72 Couple

NEW

BALLROOM DANCING II

Pre-requisite: Ballroom Dancing I This class will be an extension of Ballroom Dancing I. Your ball-

room dancing skills will be taken a step further with additional emphasis on leading & following as well as additional turns, moves, and maneuvers. So step up, step out, and let's dance. *Instructor:* John Gentile

Location: Community Room, 303 N. Main

Ages	Day	Dates	Time	Fee
16-	W	9/13-11/1	8:00p-9:00p	See note

Note: *Fee \$40 Individual - \$72 Couple

SWING DANCE

Does the music of the big band era get your feet stomping and your head bobbing? Then we have just the thing for you! This class will teach you the popular styles of the big band dance era. Come alone or bring a friend or family member. It promises to be fun.

Instructor: John Gentile

Location: Community Room, 303 N. Main

Ages	Day	Dates	Time	Fee
16-adult	W	9/13-11/1	9:00p-10:00p	See note

Note: *Fee \$40 Individual - \$72 Couple

HEALTH & FITNESS



GENTLE YOGA FOR ADULTS

No, yoga isn't a bad word, and you don't have to be able to bend into a

pretzel to come to this class. This yoga class is for adults and seniors that want a fun and gentle way to improve their flexibility and strength. Most of the class will be either standing or using a chair, minimal work will be done on the floor. Bring a bottle of water and towel, wear comfortable clothes you can stretch in.

Instructor: Melissa Lummis Location: The Depot

Demo Class

Ages	Day	Dates	Time	Fee	
30+	Tu	9/12	9:30a-11:00a	\$5	

Session I (6 classes)

Ages	Day	Dates	Time	Fee
30+	Tu	9/19-10/24	9:30a-11:00a	\$30

Session II (6 classes, no class 11/21)

Ages	Day	Dates	Time	Fee
30+	Tu	10/31-12/12	9:30a-11:00a	\$30

NOW AVAILABLE, PARKS AND RECREATION UPDATES VIA E-MAIL!

Sign up for C.A.N.S. (Culpeper Automated Notification System) now online! You can receive *The Culpeper Minutes*, also periodic updates regarding activities, special events, theme park or ski lift tickets, and much more by email!

Simply go to www.culpepercounty.gov and click on C.A.N.S. to set up your account.

Registration Information & Form on page 24 & 25

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Culpeper County Parks and Recreation

Fall Schedule

FIT FOR LIFE

If you need some fun & movement in your life, then come on out and get Fit for Life! This class is full of fun, low-impact exercises and aerobic dance moves. The routine uses a chair (for some seated exercises), a face towel, and a set of light weights, which when combined gives you a great workout that is fun and hard to get anywhere else. This program is geared for seniors and those who need a gentle way to get started in an exercise program.

Instructor: Maggie Corradi Location: The Depot

Session I

Option	Ages	Day	Dates	Time	Fee
A	30+	M	9/11-9/25	10:30a-11:30a	\$12
В	30+	Th	9/14-9/28	10:30a-11:30a	\$12
С	30+	M&Th	9/11-9/28	10:30a-11:30a	\$24

Session II

Option	Ages	Day	Dates	Time	Fee
D	30+	M	10/2-10/30	10:30a-11:30a	\$20
E	30+	Th	10/5-10/26	10:30a-11:30a	\$16
F	30+	M&Th	10/2-10/30	10:30a-11:30a	\$36

Session III (no class 11/23)

Option	Ages	Day	Dates	Time	Fee
G	30+	M	11/6-11/27	10:30a-11:30a	\$20
Н	30+	Th	11/2-11/30	10:30a-11:30a	\$20
I	30+	M&Th	11/2-11/30	10:30a-11:30a	\$40

Session IV

Option	Ages	Day	Dates	Time	Fee
J	30+	M	12/4-12/18	10:30a-11:30a	\$12
K	30+	Th	12/7-12/21	10:30a-11:30a	\$12
L	30+	M&Th	12/4-12/21	10:30a-11:30a	\$24



SEATED FITNESS

This is a gentle workout that incorporates cardiovascular strength, muscular strength, range of motion, and flexibility, while seated in a chair. Please bring your own water and a towel. These aerobic movements are geared toward those 50 years and older.

Instructor: Sharon Steele

Location: Culpeper County Library – Large Meeting Room

Session I:

Ages	Day	Dates	Time	Fee
50+	W	9/6-9/27	2:00p-3:00p	\$14

Session II:

Ages	Day	Dates	Time	Fee
50+	W	10/4-10/25	2:00p-3:00p	\$14

Session III:

Ages	Day	Dates	Time	Fee
50+	W	11/1-11/29	2:00p-3:00p	\$17

Session IV:

A	ges	Day	Dates	Time	Fee
5	50+	W	12/6-12/27	2:00p-3:00p	\$14

LEISURE LEARNING

DIGITAL PHOTOGRAPHY

Do you want to get a digital camera? Or do you have one, but don't know what all it can do? This in-depth look at the subtle workings of a digital camera and its functions are what you need to take your photography into a new era. Learn more about using a digital camera in a photographic environment, so you can digitally master your best work.

Instructor: Brian Ashdown Location: The Depot

Ages	Day	Dates	Time	Fee
16+	M	9/11-10/23	6:30p-7:45p	\$55

Note: No class 10/9. If you have your own digital camera and/or laptop, feel free to bring it, although it is not a requirement.

BABY SIGNS® PARENT WORKSHOP

Designed for parents with children ages birth to 3 years, this one-time introductory workshop teaches everything a parent needs to know to get started with the Baby Signs® Program, including how to begin signing with your baby, effective ways to begin teaching signs at home, easy ways to use signs in daily routines, what to expect as your baby transitions from signs to speech. Baby Signs® Parent Kit included in fee. Children do not attend this workshop.

Instructor: Susan Peed, Certified Instructor Location: Community Room, 303 N. Main

Session I

٠	Ages	Day	Dates	Time	Fee
	16+	Sa	9/9	10:30a-11:45a	\$50 see note

Session II

Ages	Day	Dates	Time	Fee
16+	M	10/2	6:30p-7:45p	\$50 see note

Note: First person \$50, second person in same immediate family \$30. Only one kit will be provided.



SIGN, SAY & PLAYTM WITH BABY SIGNS®

Designed for parents and healthy hearing children ages 6 months to 3 years, this play class, that meets 6 times, highlights signs that are most important in the lives of babies, teaches signing through fun games with BeeBoTM the Baby Signs® bear, provides signing practice through delightful Baby Signs® songs, introduces play activities that reinforce important language, cognitive and social-emotional skills, and brings families together to share their signing experiences. Fee includes take home kit. Siblings must meet

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Contact Parks and Recreation at 540-727-3412 www.culpepercounty.gov

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Composite

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age requirements and be registered in the class to attend.

Instructor: Susan Peed, Certified Instructor Location: Community Room, 303 N. Main

Session I

Ages	Day	Dates	Time	Fee
6m-3y	M & Th	9/11-9/28	6:30p-7:30p	\$125 see note

Session II

Ages	Day	Dates	Time	Fee
6m-3y	TBA	October	TBA	\$125
				see note

Note: Fee is per one parent / one child pair. Please call about pricing for additional child or parent.

PARLIAMENTARY PROCEDURE

Have you ever been in a meeting that was too long or unproductive? Wish you had the knowledge and skills to fix it? This course can help. Through an understanding of basic parliamentary (meeting) law, everyone can be a better leader and member of an organization. You will learn how to have more efficient and effective meetings where things actually get done in a timely manner. Everyone is welcome, especially civic and association leaders, church committee members and elected officials. A textbook is included in the fee.

Instructor: Steve Hicks,

Professional Registered Parliamentarian

Location: Culpeper Co. HS

Ages	Day	Dates	Time	Fee
16-adult	W	9/13-10/18	6:30p-8:30p	\$12



ADVANCED ROBOTICS

The Ultimate Experience - Build and take home your own robot! You will also get to build a wide assortment of other robots, like a Robot Dinosaur, Galacatisaurus, Mars Cruiser, Aquabot, Space Copter, Desert Rover, 'The Five Foot Tall Commander Robot with 5 Motors', Robo Dog, and a 6 ft. long Crocosaurus Alligator (watch it move) as you control it. You get to be the mad scientist and create your own robot with our parts, let

your imagination soar! Use our hand held computer to program the robot in the various program modes. It's a challenge, but easy to do if you are ready to think. Get ready for Sumo Battles - Battle Box and Sciensational Workshops' Build-a-thon.

Instructor: Sciensational Workshops for Kids Location: Floyd T. Binns M.S. - cafeteria.

Ages	Day	Dates	Time	Fee
7-12	M & Tu	11/20-11/21	9:00a-4:30p	\$130

Note: Registration deadline 11/3



MAKE AND TAKE IT HOME!

Science Projects you take home that teach - that are fun. In this hands-on, fun, exciting program you will discover how amazing science is. You will make and take home a wide assortment of toys designed to teach you science concepts in a hands-on-way. Grow and take home a crystal tree. Make an energy bead bracelet and watch as those amazing beads turn from white to a rainbow of colors before your eyes. Understand the amazing energy of ultra-violet as you conduct many energy bead experiments. Make a lava lamp. Build a working electric motor. Make your own sharpie shirt and learn some cool chemistry. (Student supplies a 100% cotton t-shirt) Make your own bubbling blobs and explore the properties of a density tube. Make silly putty—glowing goo—green flubber and other cool projects. AND by the way...we will make ice cream in our own amazing, different, sciensational way!

Instructor: Sciensational Workshops for Kids Location: Floyd T. Binns M.S. - cafeteria

Ages	Day	Dates	Time	Fee
6-11	W & Th	12/27-12/28	9:00a-4:30p	\$130

Note: Registration deadline 12/8



BLOWFISH ROBOCRAFT

It is loads of fun to build. It's a Robotfish, with big, puffy cheeks. You will build it and take it home.

It is great to play with and educational too. Watch it as it moves in our miniature pool. Our Blowfish Robocraft is propelled forward by a left/right moving tail fin. Learn about gears and circuits as you have fun building it.

Your Blowfish Robocraft has a motor and you will learn how it works. You will also get to design and build other robots that can perform many tasks. Build a car for speed and go on our obstacle course. Build Robots to lift heavy objects. We will see how fast your Blowfish Robocraft is, as you enter our Sciensational Workshop races. A lot of fun and education mixed together

Instructor: Sciensational Workshops for Kids Location: Floyd T. Binns M.S. - cafeteria

Ages	Day	Dates	Time	Fee
7-12	M & Tu	1/22-1/23	9:00a-4:30p	\$130

Note: Registration deadline 1/5



ADVANCED PONY RIDING



Ironwood Farm offers English riding lessons on Norwegian Fjord Fjords are horses. known for their gentle personalities and friendly demeanor. Students will learn

basic position and commands. Emphasis is on building confidence and skills on horseback at the walk. Students will learn to walk, halt, and steer. Parent or other adult must lead horse & child around riding ring while child receives instruction. Additionally, the first class spends time on basic grooming, how to tack your horse (putting on the saddle / bridle), and safety around the horses. Students must wear hard sole shoes with a heel. Helmets will be provided and are required. Register early as each class only accepts 4 students.

Instructor: Ironwood Farm staff Location: 10291 Homeland Road, Rixeyville

Option	Ages	Day	Dates	Time	Fee
A	4-6	Sa	9/9-10/21	9:30a-10:00a	\$95
B	4-6	Sa	9/9-10/21	10:30a-11:00a	\$95

Note: No Class 10/14. Price increase because this is now a 6-week class. Directions are available on the Department's webpage and in the office.

Registration Information & Form on page 24 & 25

Culpeper County Parks and Recreation

Fall Schedule

BEGINNING HORSEBACK RIDING

Ironwood Farm offers English riding lessons on Norwegian Fjord horses. Fjords are known for their gentle personalities and friendly demeanor. Students will learn to ride a horse independently at the walk and begin to trot, also to post and ride in 2-point position. Basic position and commands will be emphasized through fun drills and games on horseback. Additionally, the first class spends time on basic grooming, how to tack your horse (putting on the saddle / bridle), and safety around the horses. Students must wear hard sole shoes with a heel. Helmets will be provided and are required. Register early as each class only accepts 4 students.

Instructor: Ironwood Farm staff

Location: 10291 Homeland Road, Rixeyville

(directions on webpage and in office)

Session I: (no class 10/14)

Option	Ages	Day	Dates	Time	Fee
A	7-12	Sa	9/9-10/21	3:00p-4:00p	\$130
В	13-adult	Sa	9/9-10/21	4:30p-5:30p	\$130

Session II: (no class 10/11)

Ages	Day	Dates	Time	Fee
7-12	W	9/13-10/25	4:00p-5:00p	\$130

K.I.S.M.I.F. Dog Obedience Training

(Keep It Simple; Make It Fun)

PUPPY KINDERGARTEN

Now that you've got that adorable bundle of fur, let's get started on the ABC's of puppy training using positive reinforcement. We will focus on attention, better behavior, and communication through verbal & visual cues. First class is an orientation for owner only; please leave Fido at home. Must bring copy of current immunization record to first class.

Instructor: Betty Ann Howell

Location: Community Room, 303 N. Main

Puppies 3-5 months

Humans 10 & up (under 16 w/ adult)

Ages	Day	Dates	Time	Fee
See above	Tu	9/12-10/31	10:00a-11:00a	\$85

BEGINNING MANNERS

Isn't that new puppy or dog just absolutely adorable? But how about its behavior? Does your puppy/dog need to learn some manners? If so, then here's the solution; bring little Fido out to this class where he/she will learn basic commands, socialization, and dog attention. Any dog, whether they're 4 months or 4 years, can attend. Must bring copy of current immunization record to first class.

Instructor: Betty Ann Howell

Community Room, 303 N. Main Location:

Dogs 4 months & up -Ages:

Humans 10 & up (under 16 w/ adult)

Option	Ages	Day	Dates	Time	Fee
A	See above	Tu	9/12-10/31	11:00a-12:00n	\$85
В	See above	Tu	9/12-10/31	6:00p-7:00p	\$85



K-9 GOOD CITIZEN

<u>Prerequisite:</u> Must have taken the Beginning Manners, other dog obedience class, or placement by instructor.

Does Fluffy listen to your commands only when he wants to? Could he use a refresher course in training? Then sign up now, because here is the class to help you and Fluffy. K-9 Good Citizen training will give you 10 steps to help your dog gain confidence and control. Must bring copy of current immunization record to first class.

Instructor: Betty Ann Howell

Location: Community Room, 303 N. Main

Dogs 6 months & up Ages:

Humans 10 & up (under 16 w/ adult)

Ages	Day	Dates	Time	Fee
See above	Tu	9/12-10/31	7:00p-8:00p	\$85

DOG OBEDIENCE NOTES

Discounts

- Seniors 55 & up 10% discount
- 2nd dog in same family—10% discount
- Dogs adopted from Culpeper Animal Shelter - 20% discount - must provide copy of adoption contract
- Only one discount per dog per family.

PRESCHOOL

Wonderful One's, Two's & Three's

Toddlers (ages 1 - 3 years) and their caregivers engage in themed hands-on play, music, and explore creative movement and interactive stories and make a keepsake craft from each class. Please bring a light snack and drink for your child. Caregiver must be present for entire session. \$3.00 supply fee payable to instructor at each class.

Instructor: Tracy Wormack

Location: Community Room, 303 N. Main

Mondays - 10:00a-10:45a \$2 pre-registration fee per class per child

Session I: Sep. 18 - Make new friends. Hear stories centered around making and being a friend and play friendship games. Make a keepsake personalized craft.

Session II: Sep. 25 - All about me.

Songs and games about the parts of the body. Make a growth chart to track your little ones growth.

Session III: Oct. 2 - Growing up

Stories and songs about toddler responsibilities, such as potty training, eating at the table and getting dressed. Make a craft to help practice getting dressed.

Session IV: Oct. 16 - Pajama Party

Wear your pj's and bring your teddy bears for classic nighttime stories in the daytime. Songs and games for bedtime fun.

Session V: Oct. 23- Go fish

Stories and games centered around the sea. Touch and feel real sea creatures. Make a seashell craft.

Session VI: Oct. 30 - Ocean colors

Listen to stories about the sea, colors, and make a rainbow fish mosaic.

Session VII: Nov. 6 - Pirates & Princesses Wear your favorite costume (no scary ones please) for a costume ball of stories, dancing, and games. A light snack is included.

Contact Parks and Recreation at 540-727-3412 www.culpepercounty.gov

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Culpeper County Parks and Recreation

Fall Schedule

KIDS'S CLUB

Join us for fabulous fun as your preschooler (ages 3-5 years) enjoys themed learning through interactive play using music and movement, exciting storytelling, games, and crafts. Caregiver must be present during entire class for child who does not separate well or is not potty trained. All caregivers must be present for the last 30 minutes of the class to help his/her child with crafts. See below for specific days class description.

Instructor: Tracy Wormack

Location: Community Room, 303 N. Main

Mondays - 11:00a-12:30p \$15 pre-registration fee per class per child

Session I: Sep. 18 - Make new friends. Hear stories centered around making and being a friend and play friendship games. Make a

Session II: Sep. 25 - All about me.

keepsake personalized craft.

Songs and games about the parts of the body. Make a growth chart to track your little ones growth.

Session III: Oct. 2 - Growing up

Stories and songs about toddler responsibilities, such as potty training, eating at the table and getting dressed. Make a craft to help practice getting dressed.

Session IV: Oct. 16 - Pajama Party

Wear your pj's and bring your teddy bears for classic nighttime stories in the daytime. Songs and games for bedtime fun.

Session V: Oct. 23 - Go fish

Stories and games centered around the sea. Touch and feel real sea creatures. Make a seashell craft.

Session V: Oct. 30 - Ocean colors

Listen to stories about the sea, colors, and make a rainbow fish mosaic.

Session VI: Nov. 6 - High tea on the sea—Pirates & Princesses tea party

Wear your favorite costume (no scary ones

please) for a costume ball of stories, dancing, and games. A light snack is included.



CULPEPER CHAMPIONS

Your child will learn teamwork while having fun in a non-threatening and high activity sports mix of games, interactive stories, and open gym time for fun. Themes vary for 30 minutes structured game time to expose the children to different games. Participants must bring a water bottle and a heavy snack and wear sneakers and socks. (No sandals or flip flops, please). Space is limited, register early. *Instructor*: Tracy Wormack

Location: Emerald Hill E.S.

Session I: Bouncing Balls

-	Ages	Day	Dates	Time	Fee
_	2-5	Sa	9/30	10:00a-12:00n	\$15

Session II: Walk the plank

	Ages	Day	Dates	Time	Fee
_	2-5	Sa	10/21	10:00a-12:00n	\$15

BEGINNING TUMBLING I

Bring your little boys and girls out to learn the proper ways to tumble through organized play. This is a great class to let your child socialize with others, while they dream of being a gymnast. Parent participation is required to encourage students to participate. Children should wear loose-fitting clothing or leotards no jeans. Children should be in socked feet or soft slippers, no sandals or tennis shoes during class. Siblings may not attend unless they meet the age eligibility and are registered in the course.

Instructor: Joanne Munson *Location:* Community Room, 303 N. Main

Option	Ages	Day	Dates	Time	Fee
A	3-4	F	9/15-10/20	9:30a-10:15a	\$30
В	2-3	F	9/15-10/20	10:30a-11:15a	\$30
С	2-3	F	9/15-10/20	11:30a-12:15p	\$30

Note: Children must be within age range for class by Sept. 30, 2006.

RHYTHM & STRINGS

BEGINNING GUITAR - PART B

For those of you who have taken the Beginning Guitar class with Darcy, this is the next step. This 6-week class will continue where you left off, practicing rhythms, chording, basic guitar techniques, transposing music, and expanding music theory.

Prerequisite: Beginning Guitar (Darcy Canton instructing)

Instructor: Darcy Canton
Location: Floyd T. Binns M.S.

Ages	Day	Dates	Time	Fee
12-adult	M	9/18-10/30	6:30p-8:00p	\$50

Note: No class 10/9. Must have your own guitar



INTERMEDIATE GUITAR

This 6-week class is for those who already know basic chords. The course is designed to advance the student to the next level of playing using basic fingering and strumming techniques. The student will also have the opportunity to practice applied voice (if you choose), along with playing the instrument in an informal supportive setting.

Instructor: Thom Shotwell
Location: Floyd T. Binns M.S.

Ages	Day	Dates	Time	Fee
12-adult	W	9/20-10/25	6:30p-8:30p	\$48

Note: Must have your own guitar

Registration Information & Form on page 24 & 25

Fall 06 Issue 25 Part 2.... page 6 **CULPEPER MINUTES**

Fall Schedule

SILVER CLUB

WHEN: Every Wednesday

TIME: 10:00 a.m. - 2:00 p.m.

WHERE: Culpeper County Library

Meeting Room

FEE: \$5.00 per year

COORDINATOR: Marshall Conner

540-727-3444

ext 155

How do I join? Simply come on out to the Library on a Wednesday between 10:00 a.m.-2:00 p.m. and talk to Marshall Conner.

FYI - At the Wednesday meetings, members bring a covered dish to share for lunch.

To us age is something that doesn't matter, unless you are a cheese.

Check out Culpeper County Parks and Recreation's largest and most entertaining program. Join fellow senior citizens at weekly meetings, enjoy a covered-dish lunch and participate in activities like bingo, speakers, trips, holiday parties, crafts and other projects. For many of Culpeper's seniors the program provides an environment where lasting friendships are developed and created.

Don't expect the Silver Club to stay put every week. The club usually takes a trip every two months. Trips have included Cumberland Scenic Railroad, Baltimore's Inner Harbor, Riverside Dinner Theater, Lunch Cruises, National Cathedral in Washington, D.C., Graves Mountain Lodge and it proudly took two members to compete in the Virginia Senior Games held in Virginia Beach. In fact, our representatives brought home three medals!

In addition to its larger trips the Silver Citizens enjoy smaller trips to local sites of interest.

The Silver Club also stays informed of local happenings through its speaker program. Over the past year the group has listened to presentations from community organizations, police, businesses, county officials, entertainers, historians, authors, storytellers and other notable members of the community.

Speaking of community, the Silver Citizens play an active part within the town and county of Culpeper. Many serve the community as volunteers and mentors.

The Silver Club strives to benefit its members and the community-at-large.

Now is the time to recycle your expertise and life experience and share it with others.

Over the last month four articles featured the Silver Club's activities and members in the *Culpeper Star Exponent*, *Culpeper News* and *Culpeper Citizen*.

SPECIAL EVENTS

SILVER SCREEN CLUB

Remember the grandeur and pure entertainment of classic films? Want to see them on a big screen and chat about them? Then join us for a **Friday afternoon** movie at the George Washington Carver-Piedmont Technical Education Center located six miles outside of the Town of Culpeper on Route 15 South towards Orange. Light snacks will be provided. No fee for admission. Recreation Coordinator Marshall Conner will host the film and lead the discussions. Great for seniors, stay at home parents, popular culture fans and film buffs.

For specific dates & titles to be shown please call 540-727-3412 extension 6

Location: GWC Piedmont Tech,

9432 James Madison Hwy 1:00pm - 3:30pm

(followed by discussion)

Fee: FREE

MOONLIGHT HALLOWEEN CANDY HUNT

Bring your little ghost, goblin, or princess out for some fun and safe candy hunting by moonlight. Bring your little goblin, a flashlight (very important), and a bag for all the candy that will be caught. We'll start the evening inside with a costume contest where prizes will be awarded. Then we'll take the ghosts & goblins outside to hunt down that candy. Costume contest and candy hunt will be divided into 3 age groups: 2-4 yrs (parent participation a must), 5-7 yrs, & 8-11yrs. An adult must accompany all children.

Location: Culpeper Co. H.S. Gym

Ages 2-11

Saturday, October 21

Time: Admission 6:30p-7:20p Costume contest at 7:30p Candy Hunt at 8:00p

Fee: \$2 per child in advance \$3 per child at the door

Tickets can be purchased in advance. Please use registration form and **include** a self-addressed stamped envelope so your tickets can be mailed to you or stop by the Department's Office. Mailed forms must be received by 10/13.



NOW AVAILABLE, PARKS AND REC UPDATES VIA E-MAIL!

Simply go to www.culpepercounty.gov and click on C.A.N.S. to set up your account.

You can receive this publication, periodic updates regarding activities, and much more by email!

Contact Parks and Recreation at 540-727-3412 www.culpepercounty.gov

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PAGE 22 CULPEPER MINUTES ISSUE TWENTY-FIVE

Culpeper County Parks and Recreation

Fall Schedule

Special Events Continued...

LETTERS FROM SANTA

Make an unforgettable memory for someone special! Arrange for a child to receive a letter directly from Santa's desk in the North Pole.

Please fill out and submit a "Letters from Santa Request Form" available in the Departments office and on our website. All requests must be received by November 3rd so that letters can be postmarked from the North Pole.

Fee: \$5 per person (one person per letter)



Note: Due to Santa's other responsibilities this time of year only the first 50 requests can be processed.

SPORTS



INTRO TO CHEERLEADING

Already a cheerleader or just thinking about becoming one?

Then come on out to this 10-week class where basics of cheer, dance, stunts, and tumbling

will be taught. These basics will help you to develop the skills necessary to become an all-star cheerleader and/or simply a cheerleader at the school level.



Instructor: Culpeper Blue Angels All-star Cheer and Dance

Location: GWC Piedmont Tech, 9432 James Madison Hwy

Ages	Day	Dates	Time	Fee
4-13	W	9/13-11/15	5:30p-6:30p	\$100

CO-ED VOLLEYBALL

A good game of volleyball is a great way to have some fun and get a little exercise. So why not come on out, bring a friend, and make some new ones. Some playing experience is beneficial. Full payment is due BEFORE the first night of play.

Volunteer Coordinator: Teresa Gore Location: Culpeper Co. H.S. - gym

Ages	Day	Dates	Time	Fee
16-adult	Su	9/17-12/10	7:30p-9:30p*	\$70

Notes: *9/17-10/22 game time will be 6:30p-9:30p. **No games on 11/26**

30 & OVER CO-ED INDOOR SOCCER

Hey guys! Just because it's getting dark earlier doesn't mean you have to quit playing soccer for the winter. Let's just go inside. Full payment is due BEFORE the first night of play.



Volunteer Coordinator: David Stackhouse Location: Culpeper Co. H.S. - gym

Ages	Day	Dates	Time	Fee
30+	Su	10/29-12/10	5:30p-7:00p	\$25

Notes: No games on 11/26

TRIPS



NEW YORK TRIP -

HOLIDAYS IN THE BIG APPLE

Join us for 4 days 3 nights in New York City. Friday, board your spacious, video-equipped Motorcoach and set off for the bright lights of "The Big Apple" - New York City! Tonight, sit down to a nice dinner before checking into a comfortable New York City area hotel to rest up for an exciting day ahead! Saturday, you'll explore "The City That Never Sleeps." A Guided Tour of Manhattan will take you to such famous sites as Central Park, Rockefeller Center, Times Square, Wall Street,

Continued next column...

New York City Continued...

and so much more! Later, you'll dine at a New York City restaurant and spend some free time in the city before heading back to your hotel. Sunday's "Big Apple" adventure continues where you left off yesterday with your Guided Tour. This evening enjoy dinner and entertainment before returning to your hotel. Monday, you depart for home... A perfect time to chat with your friends about all the fun things you've done, the great sights you've seen and where your next group trip will take you!

Ticket Price includes:

- -Motor coach Transportation, video and restroom equipped.
- -3 nights Lodging at a Holiday Inn
- -6 meals: 3 breakfasts and 3 dinners
- -Two Guided Tours of New York City. See Central Park, Rockefeller Center, Times Square, Wall Street, and much more!
- Square, Wall Street, and much more!
 -Shopping trip in the heart of New York City
- -Great meals and entertainment at night

Travel insurance is available for a separate fee.

All Ages welcome, any one under 18 must be accompanied by an adult.

Itinerary and additional details are available on our website or email triley@culpepercounty. gov

Ages	Day	Dates	Time	Fee
All	F-M	12/8-12/11	8:00am pick up	See note

Note: \$399 per person double occupancy, \$379 per person triple occupancy (2 double beds) \$515 per person single occupancy \$75 deposit per person, balance due before 9/29.



Registration Information & Form on page 24 & 25

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POTOMAC EAGLE TRIP

The historic Potomac Eagle Scenic Railroad is one of America's most beautiful train rides. For three hours enjoy a narrated excursion through a tranquil and pristine mountain valley. View historic farms and lush mountain greenery. Around every curve you are rewarded with the splendor of native wildflowers, evergreens, and mixed hardwoods in an unspoiled countryside environment. Above you the high mountain walls and thick forest help keep a secret few have discovered. This is the eastern home of our magnificent national symbol, the American Bald Eagle. These majestic birds soar high above in their natural habitat, undisturbed by the low rumblings of the occasional train and the passengers who have come for a sighting. Bring your cameras for a great family outing. History and scenic beauty combine for an awesome travel experience. (Bald Eagle sightings

Pack your own lunch or if you would like a box lunch of Turkey and Provolone on Kaiser Roll, Fruit cup, pasta salad, cheese crackers, apple pie, and a drink. Please include

are not guaranteed).

\$8.00 per person with your registration. (Please write on registration form that you want the box lunch.)

Trip Coordinator: Tabitha Riley Pick up Location: Community Complex, Greens Corner Rd & Jonas Rd

Ages	Day	Dates	Time	Fee
All	Sa	9/23	8:00a-7:00p	See below

Notes: All ages welcome, anyone under 18 must be accompanied by an adult.

Fee:

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Option A: Under 6 yrs \$40 6 - 15 yrs Option B: \$50 \$65 Option C: 16 - Adult

REGISTRATION DEADLINE: 8/31



WILLIAMSBURG POTTERY **TRIP**

The Williamsburg Pottery is one of Virginia's top tourist attractions. Each year millions of bargain hunting customers come from all over the world to shop. With over 60 vears of retail experience, the Pottery and Factory Outlets strives to offer customers the highest quality goods at terrific Pottery prices. A wonderful and vast selection of items from over 20 countries can be found at the Pottery. There is truly something for everyone at the Williamsburg Pottery and Factory Outlets. So come and see and enjoy this unique shopping experience. Meals are on your own, there will be a stop for dinner on the return trip

Trip Coordinator: Tabitha Riley Pick up Location: Community Complex, Greens Corner Rd & Jonas Rd

All ages welcome, anyone under 18 must be accompanied by an adult.

Ages	Day	Dates	Time	Fee
All	Sa	11/4	7:00a-7:00p	\$35

REGISTRATION DEADLINE: 10/19

HOLIDAY TOUR OF THE WHITE HOUSE & SHOPPING AT UNION STATION

The Department will be offering a trip to Washington, D.C. for a holiday tour of the White House. The trip will take place in December, a week day between the 4th and 15th, but the specific day will not be known until November 4th at the earliest or November 15th at the latest. Groups requesting a tour of The White House, have to be approved and assigned a day & time of tour. We have requested 100 tickets. As well as touring The White House, a stop for food and shopping will be made at Union Station.

To guarantee yourself a space no matter what the day, please register now! This trip was full within 2 days last year.

Trip Coordinator: Tabitha Riley Pick up Location: Culpeper Town Square

All ages are welcome, anyone under 18 must be accompanied by an adult.

Fee: \$25





The Department, every year, sells ski lift tickets, lessons, & rental packages to Massanutten. These packages are normally on sale the first week of December. Please check our website and the newspapers before Thanksgiving for more information or sign up for C.A.N.S. These packages sell out very quickly.

Also, please save your phone calls, as we will not have any information regarding prices until the middle of November (right before Thanksgiving).

Contact Parks and Recreation at 540-727-3412 www.culpepercounty.gov

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2 EASY WAYS TO REGISTER!



Walk-In

Registration will be accepted at the Parks and Recreation Office, at 155 W. Davis St. Suite 100 from 8:00 a.m. to 4:30 p.m., Monday through Friday (except holidays).



By Mail

- Complete a registration form and mail with payment, cash, check or money order payable to: Culpeper County Parks and Recreation, 155 W. Davis Street, Suite 100, Culpeper, Virginia 22701.
- Please include a self-addressed, stamped envelope, if you require registration confirmation.

Additional Information

Registrations:

- Registrations are welcome upon distribution of class information. Full payment must accompany registration in the form of cash, checks, or money order payable to Culpeper County Parks and Recreation.
- Registrations are accepted on a first come, first served basis.
- The Department is unable to accept telephone registrations at this time.

Refunds:

- If a participant needs to withdraw from a program, a full refund will be issued if the Parks and Recreation Department has been notified before the start of the second class.
- If a participant withdraws from a program after the start of the second class date, then a pro-rated refund, less a \$3 processing fee, will be is-
- Refunds for one-day activities and all bus/van trips will be given in full, prior to the registration deadline. After the registration deadline refunds, less a \$3 processing fee, are only given if a substitute(s) is found and that substitute(s) registers with the Department before the activity/trip date.

Cancellation Policies:

- The Parks and Recreation Department reserves the right to cancel activities for any reason. Refunds are given for any canceled programs.
- The Parks and Recreation Department programs will be canceled when Culpeper County Public Schools cancel or close early, for inclement weather, natural disasters or other occurrences.
- Please listen to the following radio stations for closing announcements: 92.5 FM, 95.9 FM, 103.1 FM, 104.5 FM, & 107.7 FM, visit www. cancellations.com, or call our office at 540-727-3412 and select option 1.

Adjustments

Department staff has made every effort to prepare this section of the *Culpeper Minutes* as accurately as possible, however, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. The Department reserves the right to make any necessary adjustments. The staff apologizes for any inconvenience these errors or adjustments may cause.

ADDRESSES FOR LOCATIONS USED

Facility	A	ddress	City
Community Room	303 N. Main Street, 2nd Floor	(between Duncan Bros. & Family Hair Center)	Culpeper
Culpeper Co. H.S.	14240 Achievement Drive		Culpeper
Culpeper Co. Library	271 Southgate Shopping Center		Culpeper
Culpeper M.S.	14300 Achievement Drive		Culpeper
The Depot	113 South Commerce Street		Culpeper
Emerald Hill Elem.	11245 Rixeyville Road		Culpeper
Floyd T. Binns M.S.	205 East Grandview Avenue		Culpeper
GW Carver Piedmont Tech	9432 James Madison Highway	(6 miles out Rt. 15 S. on left side)	Rapidan
Pearl Sample Elem.	18480 Simms Drive		Culpeper
Spilman Park	3543 Colvin Road		Jeffersonton
Sycamore Park Elem.	451 Radio Lane		Culpeper

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	s & Recreation Reg				OFFIC	E USE ONLY
Program Name:				Cost:	Amount Paid	Cash
	Option: Day(s):				Balance Due	Check
Participant Name:					Date Paid	Other
Mailing Address:						
Please list any allergies, medication,	restrictions, or special accomm	odations that the parti	icipant has that st	aff needs to know	about.	
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Email address:					(w	ill never be sold or distributed)
Parent/Guardian(s) Name (if particip	ant is under 18):					
Emergency Contact:				Relationship:		
Phone: Hm: ()	v	Vk: ()		Cell:	:()	
Parks & Recreation Department to use activity. I further waive any remuneratunderstand and agree to the conditions a Assumption of Risk and Release: In ageneral health of the participant is good. In consideration of participant is good.	ion for publishing and/or printing s set forth above. greeing to participate in the progra and that the participant is not adv ting in this activity. I and/or the p	such photographs of a m, as an adult participa ersely affected by exerc articipant do hereby ass	me. I understand to ant or as a parent or cise, and that the par sume all risk of any	that by affixing my r a guardian of a pa rticipant is capable v injury to the partic	signature on this for articipant, I and/or the p of performing an active	n that I attest to having read, ful participant do hereby affirm that the ity of this nature. fy and hold harmless, from any ar
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Culpeper County Park Program Name: Session: Participant Name: Mailing Address: Please list any allergies, medication, Phone: Hm: () Email address: Parent/Guardian(s) Name (if particip Emergency Contact: Phone: Hm: () Media Release: □YES □NO IN Parks & Recreation Department to use activity. I further waive any remunerat understand and agree to the conditions a Assumption of Risk and Release: In ageneral health of the participant is good, In consideration of participal all liability, action, cause of activity, the County of Culpeper, Virgi Culpeper, and all their officers, agents, e	Dates Option: Day(s): Day(s): Day(s): M restrictions, or special accomm V ant is under 18): U ITIAL I understart said photographs and/or videotal ion for publishing and/or printing is set forth above. greeing to participate in the progra and that the participant is not adverting in this activity, I and/or the pms, and demands of every kind or time, the County Board of Supervinployees, staff, volunteers and su greed that the participant will, at make sure the criteria are met. I gransport. I also agree to allow transports.	istration Form Time M Tu W Th F Age/Grade: City / Zip: odations that the particular distribution of a compartment public such photographs of a compartment photographs of a co	graphed and/or vide dications, media came. I understand to ant or as a parent or cise, and that the pasume all risk of any it I and/or the particounty Department the proper clothing a he county or its age.	cost:	OFFIC Amount Paid Balance Due Date Paid about. (w (w) (cipating in this activity and and/or safety purpor signature on this formula and/or the pof performing an activity and and will indemnify an activity and activity and activity and activity participant to and from the Culpeper Comment during the activity participant to and from the culpeper Comment during the activity participant to and from the culpeper Comment during the activity participant to and from the culpeper Comment during the activity participant to and from the culpeper Comment during the activity participant to and from the culpeper Comment during the activity participant to and from the culpeper Comment during the activity participant to and from the culpeper Comment during the activity participant to and from the culpeper Comment during the activity participant to and from the culpeper Comment during the activity participant to and from the culpeper Comment during the activity participant to and from the culpeper Comment during the activity participant to and from the culpeper Comment during the activity participant to and from the culpeper Comment during the activity participant to an activity participant to an activity participant to activity participant	Cash

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Culpeper County Parks and Recreation

What's Going On?

CULPEPER COMMUNITY COMPLEX

The Parks and Recreation Department recently added a new staff member. The County hired Mr. Michael Skelton as the County's first Parks Superintendent. Mike's experience comes from years in the military as a C-135 fleet manager of maintenance, among other duties. Mike's other employment obligations over the past ten years involved working at various golf course facilities locally and in other states. At the County, his responsibilities will include planning, maintenance of athletic turf and irrigation system, administration and community relations. If you see Mike on the job, offer him a welcome aboard!

As time moves forward, the Complex will once again undergo changes. An over-seeding of Bermuda grass and plenty of water will solidify the turf areas that experience difficulty cultivating from last year's planting. New scoreboards will be up and operating for football and fall baseball; and the inserting of culverts under Jonas Road is complete with VDOT paving the roadway up to the park entrance.

Athletic field applications are currently being accepted on a first come – first serve basis. Besides an application, each request will receive a copy of the "Policies and Procedures for Parks and Recreation Outdoor Athletic Facilities". Please read <u>all</u> policy information prior to submitting the application. Applications will not be accepted without proper requirements being met.

Scoreboard sponsorships are still available by contacting the Parks and Recreation office at 540-727-3412.



SPILMAN COMMUNITY PARK...

located in Jefferson District on Route 621 has a multipurpose field that is available for use by County residents. The space may be used for youth association practice or games and adult sports practice or games. Any interested group must contact the Parks and Recreation Office for field availability and reservation application. Leagues must submit a certificate of liability with the application. Additional information concerning reservation procedures may be obtained by calling the Parks and Recreation Office at 540-727-3412.

Don't forget to make your pavilion reservations for your fall events and picnics. There is only a \$50.00 refundable deposit for using the pavilion, and dates go quickly, so don't wait! Reserve Today!

THE LEISURE TIMES RECREATION GUIDE

Below is a listing of non-profit recreational groups based in Culpeper County. The Parks and Recreation staff strives to keep contact names and numbers as current as possible, however, staff is not always informed of changes. This listing is also on our website for your convenience. Depending on space availability in each issue, this guide may occasionally only appear on our website at www.culpepercounty.gov If you would like to have your non-profit recreation-related organization listed, please send your information to Tabitha Riley at triley@culpepercounty.gov. Please include: organization name & description of activities, contact name, phone number, and email OR web address. All requests are subject to approval.

YOUTH SPORTS

Culpeper Football Assoc. - Kenny Jackson - 547-9099 Culpeper Youth Football - John Fotenos - 825-1854 Culpeper Youth Basketball - Greg Ward - 547-9188

Culpeper Youth Baseball - Michael Grant - 825-8310 -Mgrant@culpeperschools.org

Culpeper Lacrosse Assoc. Foundation - Scott Found - 825-3530 Culpeper Soccer Assoc. - Hotline - 825-0886 - www.culpepersoccer.net

COMMUNITY

Blue Ridge Chorale of Culpeper - Judy Gore - 540-825-2859 - JNJGORE@aol.com Culpeper Blue Angels All-star Cheer & Dance - Kym Majors - 540-727-2087 - www.culpeperblueangels.com

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